

LOW FAT GLUTEN FREE MENU

All items on the gluten free menu are served with a side of steamed asparagus and a baked potato.

GRILLED 6 OZ. SIRLOIN

Our USDA choice six-ounce center cut sirloin broiled to your liking \$14.99

PORK TENDERLOIN MEDALLIONS

Tender pork medallions lightly seasoned and slow roasted for a juicy finish. \$16.99

GRILLED CHICKEN

8 oz. juicy boneless, skinless chicken breast seasoned with salt and pepper, grilled over an open flame. \$13.99

GRILLED SALMON LAFAYETTE

Alaskan salmon, mildly seasoned and Flame Grilled to Perfection. \$18.99

BLACKENED YELLOWFIN TUNA

Sushi-grade Ahi tuna seared to perfection with Cajun seasonings in a white-hot iron skillet. Our chef recommends this dish prepared rare to medium rare. \$19.99





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